# **Options for Regular Medical Toenail and Callus Care**

We do not offer regular scheduled nail and callus care as a service in our clinic. We do provide treatment of acutely painful ingrown toenails.

The following are podiatrists and foot care nurses who provide regular medical toenail and callus care. We have had good feedback from our patients regarding these providers, but we have no affiliation with these providers and make no specific recommendations.

The nurses charge between \$25 and \$45 per visit. The podiatrists can usually bill Medicare for your first visit. Subsequent visits for nail and callus care are only covered if it is determined to be medically necessary.

#### Senior and Community Centers with Medical Foot Care Nurse Services

Most charge \$25 - \$45 per visit

SEATTLE	SUBURBS	Foot Care Nurses are usually
Ballard Senior Center Central Area Senior Center Greenwood Senior Center Lake City Senior Program Southeast Seattle Senior Center Wallingford Senior Center West Seattle Senior Center	North Bellevue Community Center Edmonds Senior Center Issaquah Valley Senior Center Mercer Is. Parks and Rec Dept. Peter Kirk Senior Ctr. (Kirkland) Lynnwood Senior Center Northshore Senior Center	registered nurses who have been trained by a podiatrist to provide nail and callus care to those who are at risk of infection or who have difficulty taking care of their own nails and calluses.
Southeast Seattle Senior Center	Redmond Senior Center Shoreline Senior Center Sno-Valley Senior Center	We recommend that you confirm ahead of time that your care will be performed by a nurse who was
At these centers foot care nurses are available by appointment. Contact the individual centers for an appointment.	Other senior centers also provide this service. Contact them to see if medical nail care is provided.	trained by a podiatrist.

#### Podiatrists and Nurse Practitioners with Regular Nail and Callus Services

Can bill Medicare if the patient meets specific criteria. Recommended for patients with diabetes.

Joyce Lee, DPM	Debbie Ketterer, DPM	Cheryl Hahn, ARNP	Chau Le, ARNP	Bellevue Podiatric
Edmonds	Renton	Polyclinic Ballard	Polyclinic Downtown	425-283-5093

Other podiatrists also offer this service. Contact a local podiatrist and ask "do you offer nail and callus treatment?"

### House Call Foot Care – will come to your home

Dr. Michaela Ostradicky	NursingFootCare.com	CascadeFootCare.com	Pacific Mobile Foot Care
North Seattle, Shoreline, Edmonds, Bothell	Bainbridge Island	Eastside	Eastside mostly
Podiatrist	Foot Care Nurse	Foot Care Nurse	Foot Care Nurse
206 432 1803			425-255-3666

Every house call foot care professional we know of is listed here. We don't know of anyone in other areas.

## Toenail Repair and Reconstruction with Gel

Joyce Lee,	DPM	Pediworx Salon
Edmonds	www.soundfaa.com	Seattle - downtown